

Spa Café Lunch Menu

Located on the Active Level of ESPA

Served Monday to Sunday 12noon until 5pm

Snacks

Soup of the Day*, V
€ 5

Fresh Irish Mussels
With Chorizo & Cherry Tomatoes
€ 11

Guazzetto di Pesce
Saffron infused Fish Broth with
Mussels & Tomato
€ 10

Calamari Fritti
Lemon Mayonnaise
€ 12

Straccetti of Beef Fillet
Rocket, Parmesan, Cherry Tomatoes
& Balsamic Dressing
€ 14

Chicken Caesar Salad
Little Gem Lettuce, Croutons and
Parmesan Cheese
€ 11

Beetroot, Goats Cheese,
Baby spinach (V)
Blueberries, Hemp- Citrus Dressing
€ 14

Oak Smoked Salmon Salad
Guinness Bread, Caper Fruit Salsa
€ 13

The Europe Spa Healthy Salad*(Vegan)
Quinoa, Pomegranate, Fig
Avocado & Vegan Feta Cheese
€ 12

Italian Flat Bread

Bally Goats Cheese (V)
Roast Mediterranean
Vegetables and Basil Pesto
€ 11

Mozzarella (V)
Tomatoes, Parmesan & Rocket Leaves
€ 10

Smoked Salmon
Roast Red Onions, Spinach & Mozzarella
€ 12

Sides

Sweet Potato Chips, Chips,
Side Salad, Mixed Vegetables
€ 5

Sweet Delights

Warm Chocolate Brownie
French Vanilla Ice Cream
€ 8

Classic Italian Tiramisu
€ 7

Panna Cotta
Lavender
€ 7

Italian Cheese Board
Focaccia Bread
€ 13

Please check our Black Board
or ask our Waiting Staff
about the Daily Special Menu

(V) Vegetarian, (N) Contains Nuts,* non Gluten added Ingredients

We endeavor to accommodate food allergies/intolerances where possible.

Menu items, however, may contain nuts, peanuts, seeds and other allergens or ingredients you may wish to avoid.

If you have any questions please ask a member of staff who will help you make a suitable choice.

Our Beef is farmed at The Europe Hotel & Resort Farm and from Irish Origin

We support our Local Suppliers in compliance with our ECO policy to reduce the impact on our environment