



The Dunloe
— ★★★★★ —

TREATMENT MENU



The Dunloe
— ★★★★★ —

BEAUFORT, KILLARNEY, CO. KERRY, IRELAND

TEL: 064-66 44111. FAX: 064-66 44583

E-mail: reservations@thedunloe.com

Web: www.thedunloe.com



SPA GIFT VOUCHERS

Gift vouchers are available for any Spa Treatments, Products and are an ideal present for someone special. Gift vouchers are non-refundable and must be presented at time of Treatment or Purchase.

HOME CARE

To continue your Spa regime and experience at home, all products used within your treatment are available at Spa Reception where one of our team would be delighted to advise you on the most suitable products for your needs.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries, which could affect your treatment when making your Spa reservation.

PREGNANCY

We have specially designed treatments for expectant and nursing mothers. Please allow our team to guide you in selecting which treatments are most suitable for you during this special time.

CANCELLATION POLICY

A 50% cancellation charge will be incurred for any treatment, ritual or programme not cancelled at least 24 hours prior to appointment. Cancellation within 12 hours will incur a 100% charge.

SPA SCHEDULING

To schedule an appointment for the perfect treatment journey please contact us where our reception team will be delighted to assist you in the right choice for you.

Telephone: 064 66 44111
Email: reservations@thedunloe.com
Address: Beaufort, Killarney, Co Kerry, Ireland.
Website: www.thedunloe.com/spa-gym.html

Please Note: For reservations please call reception.



TREATMENTS FOR MEN

PURIFYING FACIAL, SHOULDER AND SCALP MASSAGE | Hour €90.00
City pollution, environmental stress, travel, business pressures or lack of sleep are reflected in dull, lifeless skin. This relaxing facial works at a deep molecular level to purify, balance and hydrate the skin leaving you feeling de-stressed and renewed. The triple cleanse procedure which includes steaming hot towels to soothe and soften bristles, promotes drainage and aids in preventing blocked pores. Following a relaxing acupressure face massage and purifying mask, a deep shoulder and scalp massage is performed using conditioning hair and scalp mud combined with body oil to release tight muscles and tension.

AROMATHERAPY MASSAGE	50 Minutes	€90.00
	80 Minutes	€140.00

Aromatherapy massage is essential, professional and specific, using a blend of essential oils chosen to suit the needs of the individual. An intensive massage to relieve physical tension and calm or uplift the spirit.



INTENSIVE FACIALS

All facials begin with an in depth consultation followed by a detailed skin analysis to identify your individual needs and concerns. This enables your therapist to tailor the treatment to your specific requirements, and offer relevant home care advice to enable you to deliver long term benefits to your skin.

Choose from the following options:

SKIN BRIGHTENER | Hour €90.00
This rejuvenating facial is perfect for all skin conditions and particularly when environmental stress, business pressure, illness or lack of sleep can leave you with dull, lifeless, sallow skin. This facial includes a special application of Skin Brightener, rich in natural AHAs and BHAs from Hawaiian Algae and Meadowsweet; plus other skin regenerating products rich in antioxidants, which are skin softening, smoothing, and visibly improve the radiance, appearance and texture of the skin.

OIL CONTROLLER | Hour €90.00
Ideal for oily, congested, problematic skin or those suffering from hormonal imbalance. This deep cleansing, oil-controlling facial helps to regulate oil secretions whilst refining open pores. After cleansing with a naturally foaming cleanser made with Yucca, Sugar Beet and Honey, this facial uses products with naturally decongesting and anti-inflammatory ingredients such as Tea Tree and White Thyme to help soothe, calm, rebalance and encourage a clear complexion.

DE-SENSITISER | Hour €90.00
A specifically gentle facial for truly sensitive, fragile skins which are prone to redness and irritation. Soothing, de-sensitising natural plant extracts and aromatherapy oils such as Chamomile and Benzoin are used to gently cleanse, nourish and hydrate fragile skins helping to reduce sensitivity and to calm high colour; leaving the skin calmed, nourished and comfortable.



RE-HYDRATOR

1 Hour

€90.00

Ideal for dry, dehydrated, flaky and tired skin, this rehydrating facial is an excellent regenerating boost. Gentle deep cleansing and exfoliation helps the skin to improve the absorption of nourishing and moisturising masks, facial oils, Botanical Rescue Balm and moisturisers, which are specifically chosen for their deeply re-hydrating benefits. This facial leaves the skin smooth, soft, supple and nourished.

REGENERATING and FIRMING EYE TREATMENT 30 minutes

€45.00

Perfect for those who are concerned with the first signs of ageing which appear around the eye area. The eye lift is also a welcome treat for those suffering from eye-strain and computer headaches and contact lens wearers. A blissful firming and hydrating treatment using specific products rich in Seaweed Extract, Green Tea and Vitamin C, which help to reduce the appearance of fine lines and protect against the environment.



ESSENTIAL BODY MASSAGE

AROMATHERAPY MASSAGE

Our aromatherapy massage is essential, professional and specific, using a blend of essential oils chosen to suit the needs of the individual. Choose from our luxurious selection of holistic massages. A personal consultation will ensure that you receive a personalised treatment to suit your individual needs.

Choose from the following:

80 Minutes

€140

50 Minutes

€90

Detoxifying:	<i>using a detoxifying blend of cleansing citrus oils</i>
Body Toner:	<i>restoring and firming to improve tonicity</i>
Muscle Relaxer:	<i>warming and stimulating essential oils to ease aches and pains</i>
Stress Reliever:	<i>relaxing, calming essential oils to soothe and de-stress</i>
Immune Booster:	<i>using a powerful blend of Tea Tree and Eucalyptus known for their anti-viral and anti-bacterial properties</i>
Energiser:	<i>uplift and rebalance the mind and spirit with a stimulating blend of essential oils</i>
Jet Lag Eliminator:	<i>revive energy levels with an energising blend or relax into untroubled sleep with a soothing blend of essential oils</i>

ESSENTIAL BACK TREATMENT

50 Minutes

€90

An stress-relieving back treatment with deep cleansing, body brushing and exfoliation to help stimulate circulation and cell renewal, followed by a luxurious aromatherapy massage and body mask using individually chosen essential oils combined with warmed Marine Mud. Ideal for all skin types, including those with congested skin, this relaxing treatment will leave you refreshed and renewed.