



TREATMENTS PRICE LIST

FULL DAY SPA RITUALS

TOTAL BALANCE	2 Hours 45 Minutes	€360
BODY DETOX	3 Hours 15 Minutes	€385
PURELY HOLISTIC	3 Hours 30 Minutes	€390

HALF DAY RITUALS

THE ESPA MUSCLE RELAXER	2 Hours 15 Minutes	€265
THE ESPA DETOXIFIER	2 Hours 15 Minutes	€265
THE ESPA BODY TONER	2 Hours 15 Minutes	€265
THE ESPA STRESS RELIEVER	2 Hours 15 Minutes	€265
THE ESPA ENERGY BOOSTER	2 Hours 15 Minutes	€265
MANKIND	2 Hours 15 Minutes	€265

THE TREATMENTS

PRIVATE SUITE		
Price per couple - 2 Hours (minimum)		€420
<i>includes 1 hour's treatment per person</i>		
1 hour additional relaxation time - per couple		€120
HOLISTIC ENERGISER WITH HOT STONES	2 Hours	€245
REVIVING BACK, FACE & SCALP TREATMENT WITH HOT STONES	2 Hours	€245

ESPA AYURVEDIC INSPIRED RITUALS

HARMONISING AYURVEDIC RITUAL	2 Hours 15 Minutes	€250
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ESPA FACIALS

ESPA PERSONALISED RESULTS FACIAL	1 Hour	€125
ESPA SKIN REJUVENATION FACIAL	1 Hour 15 Minutes	€150
ESPA INSTANT RADIANCE FACIAL	1 Hour 30 Minutes	€165
ESPA LIFESTAGE RENEW FACIAL	1 Hour 30 Minutes	€165
ESPA LIFT AND FIRM FACIAL	1 Hour 30 Minutes	€165
AGE-DEFYING EYE TREATMENT	15 Minutes	€45

ESPA ULTIMATE BODY ENVELOPMENT

CHOOSE FROM THE FOLLOWING 1 Hour 15 Minutes €150

:: DETOXIFIER	:: BODY TONER
:: SKIN HYDRATOR	:: MUSCLE RELAXER
:: IMMUNE BOOSTER	:: STRESS RELIEVER
:: ENERGY BOOSTER	:: THE JET LAG ELIMINATOR

ESPA ESSENTIAL BODY MASSAGE

AROMA MASSAGE	80 Minutes	€165
	50 Minutes	€125
INTENSE MUSCLE RELEASE MASSAGE	80 Minutes	€165
	50 Minutes	€125
BALINESE MASSAGE	80 Minutes	€165
	50 Minutes	€125
SALT & OIL REVIVER	25 Minutes	€65

ESPA TREATMENTS FOR MEN

REVIVING FACIAL	1 Hour 30 Minutes	€165
MEN'S DEEP CLEANSING FACIAL	1 Hour	€125
GENTLEMAN'S TONIC	1 Hour 30 Minutes	€165

ESPA MATERNITY

ESPA PRE AND POST NATAL RESTORE	80 Minutes	€165
MATERNITY MASSAGE	80 Minutes	€165
	50 Minutes	€125
LIGHTER LEGS	50 Minutes	€125
NEW BEGINNINGS	3 Hours 30 Minutes	€390

ESPA BODY EXPERIENCES

RELAX AND REFLECT	1 Hour 30 Minutes	€165
DEEP CLEANSING BACK TREATMENT	1 Hour	€125

ESPA FINISHING TOUCHES

ULTIMATE HOT STONE PEDICURE	1 Hour	€85
ULTIMATE HOT STONE MANICURE	1 Hour	€60

FITNESS

FITNESS ASSESSMENT	1 Hour	€70
PERSONAL TRAINING	1 Hour	€75