



Dear Members & Guests,

Please follow this protocol in order to stay safe at the Gym during the
Coronavirus Outbreak.

Please use the sanitizer provided.

Please avail of the towels provided.

Wipe down equipment with sanitizer before and after use.

Wear clean, dry clothes every time you go to the gym. Even though yesterday's
gym clothes may seem clean, bacteria and germs may be lurking from your
previous workout.