

Breakfast at The Europe

Fruits

Fresh Grapefruit Segments
Fresh Orange Segments
Fresh Melon & Pineapple
Fresh Fruit Salad
Prunes in Syrup
Dried Apricots, Raisins
Black & Red Currant
Nibbed Almonds & Hazelnuts

Freshly cooked Oat Porridge

available plain,
with CreamHoney
or Maple Syrup

Cereals

Corn Flakes Rice
KrispiesCoco Pops
Weetabix
The Europe Muesli Mix
All Bran
Homemade Swiss Style Muesli

Yoghurts in Jars

from Glenilen Farm West Cork

Natural Yogurt
Mixed Fruit Yogurts

Juices

Orange, Grapefruit &
Apple Cranberry Juice
& Prune Juice

Continental Style

Individual Plates
Cold Meats
& Smoked Limerick Ham
Traditional local
Oak Smoked Salmon
Board of Mature Cheeses

Allergen Corner

Hot Glutenfree Breakfast available on Request
Variety of Glutenfree Cereals
Glutenfree Bread and Rolls
Soy Milk, Almond Milk and Rice Milk
Soy Yoghurt

The Europe Full Irish Breakfast

Rosscarbery Black & White Pudding, Tim Jones Pork Sausages,
Grilled Irish Bacon, Grilled Tomato, Buttered Flat cap Mushroom, Roast Potato
Egg of your Choice

Omelets-made with 2 eggs

Ham & Cheese Omelet

The Europe Omelet- Onion, Mixed Peppers, Spinach, Scallions, Ham, Cheese, Tomatoes & Mushrooms

Vegetarian Omelet-Spinach, mixed Peppers, Spring onions, Tomato, Mushrooms, Onions & Mozzarella Cheese

Classics & Specials

Eggs Benedict, Eggs Florentine served on a Breakfast Muffin, poached Eggs on Toast

Grilled Fish of the Day or Grilled Kippers

Grilled Fillet Mignon of Beef, Grilled Tomato & Mushroom, Sauce Béarnaise

Classic American Style Pancakes & Warm Maple Syrup

Buttermilk & Blueberry Pancakes & Warm Maple Syrup

French Fried Brioche Toast & Maple Syrup- available plain or with Bacon

Vegan Irish Breakfast

Clonakilty Vegan Pudding, Vegan Sausages, Grilled Tomato, Grilled Flat cap Mushroom, Roast Potato

Plant based Quesadilla

Mixed Peppers, Tofu, Onion, Vegan Cheddar, Spices & Tomato Salsa

Selection of Teas & Coffees available



Scan for Allergen Information

Good Morning

